

## GDPR Consent Form

In accordance with the New data protection laws, we need your permission to stay in touch, even if you've given us permission before.

Your privacy is important, so we will always keep your details secure and never use them for marketing communications that you haven't agreed to receive.

We'd like to use your details to keep in touch about things that may matter to you. If you choose to hear from us, we may send you information based on what is most relevant to you or things you've told us you like.

Please complete All fields marked with an asterisk (\*) and tick the boxes below as required.

Name*	
Address*	
E-mail*	
Mobile phone*	

I'm happy to hear from you about things I might like by:

	Yes	No
Email		
Post		
Phone		

At any time you can change your mind about whether to receive that information from us or how you're contacted by contacting us on our website.

Please post your completed GDPR Consent Form to Sample Sped, Unit 15, Grimsby Seafood Village, Wickham Road DN31 3SX for the attention of the data controller.